



December 2025

LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	** Pools Closed December 13th for THS Swim Meet	
4:00PM-6:00PM THS Swim Practice	4:00PM-6:00PM THS Swim Practice	4:00PM-6:00PM THS Swim Practice	4:00PM-6:00PM THS Swim Practice			
4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM		

THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	8:00AM-1:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	1:00PM-4:00PM CLOSED	** Pools Closed December 13th for THS Swim Meet	
4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM	4:00PM-6:50PM OPEN SWIM		

POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.

SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

INCLEMENT WEATHER POLICY

In the event of thunder, or lightning the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightning strike.

****Pools will be closed December 13th for THS Swim Meet**

PLEASE NOTE:

THE POOL CLOSES **10 MINS** PRIOR TO FACILITY CLOSURE.

**THS SWIM PRACTICE
BEGINS NOV. 6TH,
MONDAY—THURSDAY
4:00PM-6:00PM**

Mon—Fri

8:00AM — 1:00PM

4:00PM — 6:50PM

Saturday

10:00AM — 1:50PM

Sunday

1:00PM — 4:50PM