



# JANUARY 2023

## LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
10:00AM-11:00AM Water Aerobics		10:00AM-11:00AM Water Aerobics	<b>*JANUARY 12TH POOLS WILL CLOSE AT 3:00PM DUE TO SWIM MEET</b>	10:00AM-11:00AM Water Aerobics		
11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-6:50PM OPEN SWIM		

## THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-6:50PM OPEN SWIM		

**PLEASE NOTE:**  
 THE POOL CLOSSES 10 MINS  
 PRIOR TO FACILITY CLOSURE ON  
 FRIDAY-SUNDAY.  
**SWIM TEAM: PRACTICES**  
**MONDAY-THURSDAY**  
**3:30PM-5:30PM**  
**\*JANUARY 12TH POOL WILL**  
**BE CLOSED AT 3:00PM**  
**DUE TO SWIM MEET**

**POOL INFORMATION**

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the

### SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

### INCLEMENT WEATHER POLICY

In the event of thunder, or lightening the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightening strike.

### POOL SCHEDULE

Mon Wed Fri	6:00AM — 12:00PM
* Fri- 6:50pm	4:00PM — 7:00PM
Tues & Thurs	11:00AM — 7:00PM
Saturday	10:00AM — 1:50PM
Sunday	1:00PM — 4:50PM