



# January 2022

## LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
10:00AM-11:00AM Water Aerobics		10:00AM-11:00AM Water Aerobics		10:00AM-11:00AM Water Aerobics		
11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		

## THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-12:30PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
			3:00PM-4:00PM Reserved for H2 Health Therapy			
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM		

### POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.
- The Swim Team will be using the Lap and Therapy pools on November 18th.

### SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

### INCLEMENT WEATHER POLICY

In the event of thunder, or lightening the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightening strike.

### POOL SCHEDULE

Mon Wed Fri	6:00AM — 12:00PM
	4:00PM — 7:00PM
Tues & Thurs	11:00AM — 7:00PM
Saturday	10:00AM — 2:00PM
	1:00PM — 5:00PM