



January 2025

LAP POOL SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|----------------------------------|--|----------------------------|
| 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 10:00AM-1:50PM OPEN SWIM | 1:00PM-4:50PM OPEN SWIM |
| 9:00AM-10:00AM Water Aerobics | | 9:00AM-10:00AM Water Aerobics | | 9:00AM-10:00AM Water Aerobics | ** Pools Closed January 25th for THS Swim Meet | |
| 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | | |
| 4:00PM-6:00PM THS Swim Practice | 4:00PM-6:00PM THS Swim Practice | 4:00PM-6:00PM THS Swim Practice | 4:00PM-6:00PM THS Swim Practice | 4:00PM-6:50PM OPEN SWIM | | |
| 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | | | |

THERAPY POOL SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|--|----------------------------|
| 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 8:00AM-1:00PM OPEN SWIM | 10:00AM-1:50PM OPEN SWIM | 1:00PM-4:50PM OPEN SWIM |
| 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | 1:00PM-4:00PM CLOSED | ** Pools Closed January 25th for THS Swim Meet | |
| 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | 4:00PM-7:00PM OPEN SWIM | 4:00PM-6:50PM OPEN SWIM | | |

POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.

PLEASE NOTE:

THE POOL CLOSSES 10 MINS PRIOR TO FACILITY CLOSURE ON FRIDAY-SUNDAY.

THS SWIM PRACTICE :
MONDAY—THURSDAY
4:00PM-6:00PM

SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

INCLEMENT WEATHER POLICY

In the event of thunder, or lightning the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightning strike.

*Pools will not open until 4:00PM January 20th, 21st and 27th

**Pools will be closed January 25th for THS Swim Meet

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|----------|------------------------------------|
| Mon—Fri* | 8:00AM — 1:00PM 4:00PM — 7:00PM |
| Friday* | 4:00PM — 6:50PM |
| Saturday | 10:00AM — 1:50PM |
| Sunday | 1:00PM — 4:50PM |