



JANUARY 2023

GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM—4:50PM Open Gym	5:00AM—8:50AM Open Gym	5:00AM—4:00PM Open Gym	5:00AM—8:50AM Open Gym	5:00AM—4:50PM Open Gym	8:00AM—1:50PM Open Gym	1:00PM—4:50PM Open Gym
	9:00AM—9:45AM* Warrior Circuit Class *Gym is closed 8:50AM—10:00AM		9:00AM—9:45AM* Warrior Circuit Class *Gym is closed 8:50AM—10:00AM		STARTING JAN.28TH GYM CLOSED FOR BASKETBALL GAMES	
	10:00AM—11:30AM PICKLEBALL		10:00AM—11:30AM PICKLEBALL	5:00PM—6:50PM Youth Basketball Practice		
5:00PM—5:30PM* Warrior Circuit Class *Gym closed 4:50PM—5:40PM	11:30AM—3:50PM Open Gym	4:00PM—7:50PM 16+ PickUp Basketball	11:30AM—3:50PM Open Gym			
6:00PM—7:50PM 16+ PickUp Basketball	4:00PM—4:30PM HIIT Battle Ropes *Gym Closed 3:50PM—4:40PM		4:00PM—4:30PM HIIT Battle Ropes *Gym Closed 3:50PM—4:40PM			
	5:00PM—7:50PM Youth Basketball Practice		5:00PM—5:30PM* Warrior Circuit Class *Gym closed 4:50PM—5:40PM			
			5:50PM—7:50PM Youth Basketball Practice			

PLEASE NOTE:

THE GYMNASIUM CLOSSES 10 MINS PRIOR TO FACILITY CLOSURE. OPEN GYM: Gymnasium available to all.

YOUTH BASKETBALL: PRACTICE BEGINS JAN 16TH.
Gym will be closed:
TUESDAY: 5:00PM—7:50PM
THURSDAY: 5:50PM—7:50PM
FRIDAY: 5:00PM—6:50PM

SCHEDULED CLOSURES

Gym availability and schedule is subject to change.
 Please call the front desk at 276-979-0280 to check for any gym closures on any day in question.

GYMNASIUM SCHEDULE

Mon-Thurs	5:00AM—7:50PM
Friday	5:00AM—6:50PM
Saturday	8:00AM—1:50PM
Sunday	1:00PM—4:50PM