



NOVEMBER 2022

GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM—4:50PM Open Gym	5:00AM—8:50AM Open Gym	5:00AM—4:00PM Open Gym	5:00AM—8:50AM Open Gym	5:00AM—6:50PM Open Gym	CLOSED FOR BASKETBALL GAMES	1:00PM—4:50PM Open Gym
	9:00AM—9:45AM* Warrior Circuit Class		9:00AM—9:45AM* Warrior Circuit Class		*Nov. 26th— Open Gym	
	8:45AM—10:00AM		8:45AM—10:00AM		8:00AM—1:50PM	
	10:00AM—5:00PM Open Gym		10:00AM—4:50PM Open Gym	5:00PM—6:50PM <u>Youth Basketball Practice</u>		
5:00PM—5:30PM* Warrior Circuit Class	5:00PM—7:50PM <u>Youth Basketball Practice</u>		5:00PM—5:30PM* Warrior Circuit Class			
*Gym closed 4:50PM—5:40PM			***Gym closed 4:50PM—5:40PM			
6:00PM—7:50PM 16+ PickUp Basketball		4:00PM—7:50PM 16+ PickUp Basketball	5:50PM—7:50PM <u>Youth Basketball Practice</u>			

PLEASE NOTE:

THE GYMNASIUM CLOSSES 10 MINS PRIOR TO FACILITY CLOSURE.
 OPEN GYM: Gymnasium available to all.

WARRIOR CIRCUIT CLASS (30 MINUTES) This class will consist of a number of different exercise stations being set up in the gym. The participants will start at one specific station and rotate through all exercises for set period of time.

YOUTH BASKETBALL: Games starts **NOV. 5th.**

Gym will be closed

TUESDAY: 5:00PM—7:50PM
 THURSDAY: 5:50PM—7:50PM
 FRIDAY: 5:00PM—6:50PM

SCHEDULED CLOSURES

Gym availability and schedule is subject to change.
 Please call the front desk at 276-979-0280 to check for any gym closures on any day in question.

GYMNASIUM SCHEDULE

Mon-Thurs	5:00AM—7:50PM
Friday	5:00AM—6:50PM
Saturday	8:00AM—1:50PM
Sunday	1:00PM—4:50PM