



# October 2025

## LAP POOL SCHEDULE

| MONDAY                     | TUESDAY                    | WEDNESDAY                  | THURSDAY                   | FRIDAY                     | SATURDAY                    | SUNDAY                     |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|----------------------------|
| 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 10:00AM-1:50PM<br>OPEN SWIM | 1:00PM-4:50PM<br>OPEN SWIM |
| 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    |                             |                            |
| 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM |                             |                            |

## THERAPY POOL SCHEDULE

| MONDAY                     | TUESDAY                    | WEDNESDAY                  | THURSDAY                   | FRIDAY                     | SATURDAY                    | SUNDAY                     |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|----------------------------|
| 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 8:00AM-1:00PM<br>OPEN SWIM | 10:00AM-1:50PM<br>OPEN SWIM | 1:00PM-4:50PM<br>OPEN SWIM |
| 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    | 1:00PM-4:00PM<br>CLOSED    |                             |                            |
| 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM | 4:00PM-6:50PM<br>OPEN SWIM |                             |                            |

### POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.

### SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

### INCLEMENT WEATHER POLICY

In the event of thunder, or lightning the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightning strike.

### PLEASE NOTE:

**THE POOL CLOSES  
10 MINS  
PRIOR TO FACILITY  
CLOSURE.**

Mon—Fri

8:00AM — 1:00PM

4:00PM — 6:50PM

Saturday

10:00AM — 1:50PM

Sunday

1:00PM — 4:50PM