



SEPTEMBER 2021

LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
10:00AM-11:00AM Water Aerobics		10:00AM-11:00AM Water Aerobics		10:00AM-11:00AM Water Aerobics		
11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		

THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-12:30PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
			12:30PM-2:30PM Reserved for AASC			
			3:00PM-4:00PM Reserved for H2 Health Therapy			
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM		

POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.
- Upon the arrival of a disabled member or start of water therapy pool programs,

SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

INCLEMENT WEATHER POLICY

In the event of thunder, or lightening the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightening strike.

POOL SCHEDULE

Mon Wed Fri	6:00AM — 12:00PM 4:00PM — 7:00PM
Tues & Thurs	11:00AM — 7:00PM
Saturday	10:00AM — 2:00PM
Sunday	1:00PM — 5:00PM