



SEPTEMBER 2023

LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
9:00AM-10:00AM Water Aerobics		9:00AM-10:00AM Water Aerobics		9:00AM-10:00AM Water Aerobics		
12:00PM-4:00PM CLOSED		12:00PM-4:00PM CLOSED		12:00PM-4:00PM CLOSED		
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-6:50PM OPEN SWIM		

THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	4:00PM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-12:30PM OPEN SWIM 12:30PM-2:00PM PACE PROGRAM (THERAPY POOL CLOSED) 2:00PM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-1:50PM OPEN SWIM	1:00PM-4:50PM OPEN SWIM
12:00PM-4:00PM CLOSED		12:00PM-4:00PM CLOSED		12:00PM-4:00PM CLOSED		
4:00PM-7:00PM OPEN SWIM		4:00PM-7:00PM OPEN SWIM		4:00PM-6:50PM OPEN SWIM		

POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the

PACE PROGRAM:
THERAPY POOL WILL BE
CLOSED THURSDAYS
12:30PM-2:00PM

PLEASE NOTE:
THE POOL CLOSES 10 MINS
PRIOR TO FACILITY CLOSURE

SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

INCLEMENT WEATHER POLICY

In the event of thunder, or lightning the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightning strike.

POOL SCHEDULE

Mon Wed Fri	6:00AM — 12:00PM
* Fri- 6:50pm	4:00PM — 7:00PM
Tues	4:00PM — 7:00PM
Thurs	11:00AM — 7:00PM
Saturday	10:00AM — 1:50PM
Sunday	1:00PM — 4:50PM