



# JANUARY 2021

## LAP POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-10:00AM OPEN SWIM	11:00AM-3:30PM OPEN SWIM	6:00AM-10:00AM OPEN SWIM	11:00AM-3:30PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
10:00AM-11:00AM Water Aerobics	3:30PM-7:00PM Swim Team	10:00AM-11:00AM Water Aerobics	3:30PM-7:00PM Swim Team	10:00AM-11:00AM Water Aerobics		
11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		11:00AM-12:00PM OPEN SWIM		
3:00PM-3:30PM OPEN SWIM		3:00PM-3:30PM OPEN SWIM		3:00PM-3:30PM OPEN SWIM		
3:30PM-7:00PM Swim Team		3:30PM-7:00PM Swim Team		3:30PM-7:00PM Swim Team		

## THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	11:00AM-7:00PM OPEN SWIM	6:00AM-12:00PM OPEN SWIM	10:00AM-2:00PM OPEN SWIM	1:00PM-5:00PM OPEN SWIM
3:00PM-7:00PM OPEN SWIM		3:00PM-7:00PM OPEN SWIM		3:00PM-7:00PM OPEN SWIM		

### PLEASE NOTE

- Tazewell and Graham Swim Teams will have practice in the Lap Pool Monday-Friday in the evenings.
- Members will still have access to the Lap Pool during swim practice times.

### POOL INFORMATION

- Non-swimming children must be accompanied by an adult.
- The Y therapy pool is primarily for water therapy or aquatic programs.
- When not in use for aqua-aerobics, swim lessons, or water therapy, the therapy pool may be used by members of all ages at the discretion of the lifeguard.
- Upon the arrival of a disabled member or start of water therapy pool programs, members may be required to move to the lap pool.

### SCHEDULED CLOSURES

Pool availability and schedule is subject to change. Please call the front desk at 276-979-0280 to check for any pool closures on any day in question.

### INCLEMENT WEATHER POLICY

In the event of thunder, or lightning the pool will be closed for thirty minutes. This time will reset at each clap of thunder or lightning strike.

### POOL SCHEDULE

<b>Mon Wed Fri</b>	6:00AM — 12:00PM 3:00PM — 7:00PM
<b>Tues &amp; Thurs</b>	11:00AM — 7:00PM
<b>Saturday</b>	10:00AM — 2:00PM
<b>Sunday</b>	1:00PM — 5:00PM